The benefits of orthodontic treatment -

* Increased confidence and other psychological benefits
* Reduction of trauma risk or injury to front teeth
* Personal satisfaction and self-esteem following the movement of teeth into a more favourable position
* Easier to bite and chew food i.e. improved function
* Facilitates good oral hygiene and avoids food getting caught between teeth
* Better long term health of teeth and gums
* Improves wear patterns on the teeth and force distribution
* Teeth become less prone to decay and injury
* Occasional improvements in speech